

Name: \_\_\_\_\_

DOB: \_\_\_\_\_

Address: \_\_\_\_\_

Home phone: \_\_\_\_\_ Work: \_\_\_\_\_ Cell: \_\_\_\_\_

Name: \_\_\_\_\_ Phone: \_\_\_\_\_  
Emergency contact

Today's Date: \_\_\_\_\_

S.S#: \_\_\_\_\_ Referring MD: \_\_\_\_\_

E-mail: \_\_\_\_\_

Employer: \_\_\_\_\_

Work Address: \_\_\_\_\_

**TELL US ABOUT YOUR INJURY & GOALS**

Is your injury work-related?  Yes  No

If yes, please explain: \_\_\_\_\_

\_\_\_\_\_

Briefly describe your current complaints or limitations:

\_\_\_\_\_

Were you hospitalized for this condition?  Yes  No

Is your physician aware of this condition?  Yes  No

Date you last saw your physician: \_\_\_\_\_

Do you currently have any other pertinent medical conditions?  Yes  No

If YES, please list:

\_\_\_\_\_

List any medications you are currently using:

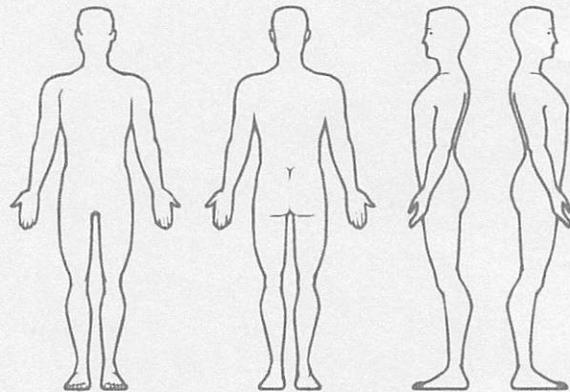
\_\_\_\_\_

What is(are) your goal(s) for therapy?

\_\_\_\_\_

**PAIN/SYMPTOMS**

Please indicate where you are experiencing symptoms?



Please describe the quality of your pain:

(Mark only those which apply)

- Dull/Aching Sharp
- Shooting
- Throbbing
- Tingling
- Numbness
- Burning
- Superficial
- Deep

What is your pain level at rest?

0=No Pain 10=Worst pain you could imagine

0 1 2 3 4 5 6 7 8 9 10

What is your pain level when active?

0 1 2 3 4 5 6 7 8 9 10

What is the frequency of your pain?

- Constant (76-100%)
- Frequent (51-75%)
- Occasional (26-50%)
- Intermittent (25%)

**CHRONOLOGY/TIMING OF SYMPTOMS:**

How long have the symptoms been present?

\_\_\_days\_\_\_months\_\_\_years or date:\_\_\_/\_\_\_/\_\_\_

How did your symptoms begin? \_\_\_\_\_

\_\_\_\_\_

Did you have surgery? Yes No

Facility: \_\_\_\_\_

Have you been treated for this issue in the past?

Yes No

If Yes, then by whom? \_\_\_\_\_

MD: \_\_\_\_\_

Physical Therapist: \_\_\_\_\_

Chiropractor: \_\_\_\_\_

Other: \_\_\_\_\_

Pain pattern since onset:

Better  Worse  Same  Fluctuating:

Pain/Symptoms improve:

Morning  Midday  Evening  Night

Pain/Symptoms Worsen:

Morning  Midday  Evening  Night

Which of the following make symptoms feel better?

Nothing  Lying down  Standing  
 Sitting  Inactivity  Movement/Exercise

Which of the following make symptoms feel worse?

Nothing  Lying down  Standing  
 Sitting  Inactivity  Movement/Exercise

**SPORTING/LEISURE ACTIVITIES:**

Type: \_\_\_\_\_

Frequency: \_\_\_\_\_

Allergies:

Type: \_\_\_\_\_

\_\_\_\_\_

Frequency: \_\_\_\_\_

**WORK HISTORY:**

Occupation: \_\_\_\_\_

Full-time  Part-time

Has work-status changed since onset of symptoms?

Yes  No

Are you currently working?  Yes  No

Restrictions (if any)? \_\_\_\_\_

Do you have a permanent disability rating?  Yes  No

If Yes: \_\_\_\_\_ Location \_\_\_/\_\_\_/\_\_\_ Date \_\_\_% Rating

**MEDICAL HISTORY:**

Height: \_\_\_\_\_ Weight: \_\_\_\_\_

Have you ever had any of the following conditions?

- High blood pressure
- Angina
- Heart Attack
- Shortness of breath
- Dizziness/lightheadedness
- Pain/heavy sensation in the chest
- Constant or severe pain in the lower leg (calf)
- Pulsating pain anywhere in the body
- Stroke
- Asthma
- HIV/AIDS
- Cancer Location: \_\_\_\_\_ Date: \_\_\_/\_\_\_/\_\_\_
- Persistent pain at night
- Constant pain anywhere in the body
- Unexplained weight loss (10-15lbs in 2 weeks)
- Frequent or severe abdominal pain
- Changes in bowel or bladder function
- Systemic lupus
- Hepatitis
- Epilepsy
- Diabetes  Type 1  Type 2
- Rheumatoid arthritis
- Raynauds
- Pregnancy
- Other:
- Coffee/Tea/Caffeinated drinks: \_\_\_cups/cans per day
- Tobacco: \_\_\_ pack(s) per day
- Alcohol: \_\_\_drinks(s) per week
- Drug or alcohol dependence



**KODA PHYSICAL THERAPY & SPORTS PERFORMANCE**  
1600 Corporate Circle · Petaluma · CA · 94954  
OFFICE 707-981-8604 · FAX 707-981-8647

### **No Show/Late Cancellation Policy**

This policy has been established to help us serve you better.

It is necessary for us to make appointments in order to see our patients as efficiently as possible. No-show and late-cancellations cause problems that go beyond a financial impact on our practice. When an appointment is made, it takes an available time slot away from another patient. No-show and late-cancellation delay the delivery of health care to other patients.

A “No show” is missing a scheduled appointment. A “late cancellation” is canceling an appointment without calling 24 hours in advanced.

We understand that situations such as medical emergencies occasionally arise. As such, these situations will be considered on a case-by-case basis.

**A charge of \$40.00 will be assessed for each no show or late cancellation office visit appointment if less than 24 hours notice is given.**

This charge is solely the patient responsibility and will not be billed to the insurance company.

\_\_\_\_\_  
DATE

\_\_\_\_\_  
SIGNATURE

## WORKERS COMPENSATION INSURANCE AGREEMENT

Claimants Name \_\_\_\_\_

Claimants Address \_\_\_\_\_

Employer \_\_\_\_\_

Employers Address \_\_\_\_\_

Insurance Carrier \_\_\_\_\_

Address \_\_\_\_\_

Claim # \_\_\_\_\_ Phone# \_\_\_\_\_

Date of Accident \_\_\_\_\_ Adjuster \_\_\_\_\_

1. Our office is pleased to accept your Workers Compensation. We will file your claim forms and assist you in every way we can.
2. It is a **CA State regulation that you must receive a Referral from your doctor** for physical therapy treatment. **This is your responsibility**, however we will assist you in that process. **If you do not have an updated referral, we will not be able to continue your treatment.**
3. In the event that you fail to prosecute the claim for Workers Compensation for this illness or condition, or, if the claim is determined by the appropriate insurance carrier that benefits for this illness or condition are denied, you will be responsible for payment of your usual and customary fees.
  - a. It must be fully understood that the contract for coverage is between you and your insurance carrier.
  - b. Our office WILL NOT enter into a dispute with your insurance carrier over your claim. This is your responsibility and obligation. However, we will assist you wherever possible.
  - c. Your insurance should pay within 30 days. However, if your outstanding balance exceeds \$1500.00 or your insurance carrier has not paid in 90 days ( whichever comes first ) we will have to interrupt your treatment until payment is received.
  - d. If you understand and agree with all of the above office policies, please sign below and we will accept your insurance assignment.

\_\_\_\_\_  
Signature

\_\_\_\_\_  
Date

\_\_\_\_ Patient consult, welcome pkt \_\_\_\_\_ review appointment policy \_\_\_\_\_ RX's

I ATTEST THAT I HAVE READ AND UNDERSTAND THE INFORMATION  
PROVIDED TO ME BY REGARDING THE HIPPA (Health Insurance Privacy and  
Portability Act) REQUIREMENTS.

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SIGNATURE

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DATE

**KODA Physical Therapy and Sports Performance**

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